

Dream Big, Achieve Bigger: Mastering the Art of Possibility As a PM Professional!

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Each new day, week, month or even year holds the potential for unprecedented achievements, and as the stewards of our projects, as project managers, we play a pivotal role in shaping the narrative of success.

In today's edition, we're exploring how we as professionals can set goals for ourselves; which are clear and ambitious. Goals which are not only a roadmap for our success but also a source of inspiration for our teams.

Have you ever considered the distinction between those who accomplish the extraordinary and the rest of us?

It lies in their unwavering conviction that the possible is only a stepping stone away from the impossible.

In a world where many will doubt your talents, achieving your goals may feel hard. But throughout time, amazing things have happened when someone ignores the waves of negativity and self-doubt. Believes in themselves and their innate abilities, and achieves something extraordinary against all the odds and existing conventions.

Here are my top mindset hacks to making anything POSSIBLE and to unlocking the power that lies within!

▣ **Set realistic goals with unrealistic ambitions:**

Break down colossal dreams into achievable milestones. Recognise and celebrate small wins and let them

propel you towards the larger triumphs that are waiting on the horizon. And remember that we often overestimate what we can do in a single year, but grossly underestimate what we can achieve in five years. Time is your friend, not your enemy, so use it wisely, with focus and intent.

▣ **Surround yourself with positivity:**

'When you thought you were pouring water on my dreams, you were adding fuel to my fire – and for that, I thank you!

The energy that you absorb from your surroundings has both the power to raise you up or equally bring you down. Our surroundings significantly influence our belief system. Be mindful of this and choose a circle that fuels your ambitions rather than extinguishing them. When negativity does enter the frame, as it so often does, I like to think of a short visualization (credit: Coco Gauff – US Open Ladies Champion) that goes something like this 'When 'they' thought they were pouring water on my dreams, they were actually only adding fuel to my fire. And for that, I thank them!' Gratitude, focus, humility, and critically you still retain your power. And that leads me to number three:

▣ **Build a powerful and resilient mindset:**

Success is rarely, if ever a straight line. And setbacks are an inevitable part of the journey. Instead of seeing them as roadblocks, a resilient mindset turns these obstacles into opportunities. Propelling you closer, and with even greater intensity to your goals.

▣ **Embrace 'possibility' Thinking:**

Challenge the limits of what is 'possible', that are imposed by others and more importantly the limits that we impose on ourselves. The first step to achieving the impossible, is with unwavering belief that it is within reach.

And finally hack number five:

▣ **Silence the inner critic:**

Your mind is your most powerful tool. Tune out the doubt, and instead replace it with affirmations. Visualize your success, your resolve and accomplishment. See yourself both at the finish line and also triumphant along the journey. The former will not be achieved without the latter. If you can master the quelling of your inner negative doubts, watch how your self-belief becomes an unstoppable force.

[Download A Powerful Affirmations Guide](#)

Whether you're a seasoned project management veteran or a newcomer to the field, these foundational steps will help you to chart a course for unstoppable success.

So as you ponder the time ahead of you, start by getting yourself into the right headspace. Take full control and decide to steer your career forward. Rather than allowing someone else to do it for you.

In the coming weeks we will look at some of the practical goal setting tools available to you and your projects.

But until then – Wishing you a fantastic week filled with triumphs, growth, and the realization of all your professional aspirations!

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